



HSL CPE @ NewBridge: Jewish Geriatric Chaplaincy Training

September 10, 2024 – April 29, 2025

Level IA and B and Level IIA and B CPE

Dedham Campus

Introduction:

In the last 100 years, Hebrew SeniorLife (HSL) has grown from a small residence for frail elderly in Dorchester to a highly integrated system of care with an international reputation. HSL's system encompasses 650 chronic care hospital patients, groundbreaking geriatric research (Marcus Institute for Aging Research), palliative and hospice care, new models of sub-acute care, post-hospital care, and home care. Most recently, the Center for Memory Health which provides diagnosis, education, treatment, and care coordination for older adults and their families was established at our Roslindale campus.

This CPE unit will take place at NewBridge on the Charles, located in Dedham. NewBridge offers independent and assisted living in addition to skilled nursing services and long-term chronic care. There is a dedicated memory support unit in long-term care, as well as a memory support assisted living community. The campus was built with explicit intention of having senior care and housing on a co-campus with a school, and intergenerational programming with the Rashi School is an important part of life at NewBridge. The offices of HSL's hospice are also on this campus. Students in this unit will be assigned to clinical time on this campus.

Over 60% of our long-term chronic care patients in Boston are Jewish, with half of these being Jews from the former Soviet Union; in Dedham, closer to 75% are Jewish. Patients on our rehabilitation and post-acute services units on both campuses reflect the more general population of the surrounding communities, including a broader mix of faiths and cultures.

Program Description:

CPE in a geriatric setting serves as important preparation for the congregational rabbinate/cantorate/ministry, as well as for university and health care chaplaincy positions. Chaplains support the spiritual and emotional lives of all patients in ways that enhance their overall health and wellbeing. In addition, chaplains help the care-giving staff manage the ongoing emotional demands of their work, which include the presence of death and loss on a regular basis, and understand the spiritual aspects of their patients' needs. Our setting requires that chaplains be attuned to Jewish religious/cultural approaches patients have while facing the challenges of aging, loss, end of life decision

making, dementia, and seeking spiritual fulfillment in their later years, as well as being aware of and sensitive to special needs and concerns of the Jewish community.

Our curriculum addresses spiritual care as it relates to aging, illnesses of aging (including dementia), family caregivers, bioethical decision-making, dying, and bereavement. Special attention is given to cultural and demographic diversity impacting the spiritual issues of older adults, including trauma-informed care, recognizing resilience, working with patients with dementia, LGBT identities, and being “not religious.” Students serve as chaplain interns on assigned HSL units, providing spiritual care to patients, families, and staff. Our primary lens is that of Jewish spiritual care; students who wish to learn about spiritual care from the perspective of other religious/spiritual traditions are invited to make this one of their learning goals.

This unit of CPE is aimed at aspiring chaplains, congregational clergy, seminary and rabbinical students, and laypersons interested in pursuing spiritual care. English is the predominant language of the educational program, and applicants must be fluent in spoken and written English.

Dates: September 10, 2024 – April 29, 2025

Times: Orientation for this CPE Unit will take place over the course of 3 Tuesdays in September, and then class sessions will begin October 29th. We will not meet in between those two times in order to respect the *chagim* (Jewish High Holiday season). Class will meet on Tuesdays from 9 a.m. - 3 p.m. Students will be required to complete 12 hours of clinical time per week, which can be scheduled in conjunction with your schedule and the needs of your assigned unit. We will not meet on national or Jewish holidays. Written assignments and readings are also completed outside of the on-site time frame. Individual supervision will be scheduled for one hour bi-weekly (this counts as part of clinical time.) The CPE program does not require overnight call, and is appropriate for students who are shomer/et Shabbat. Students must be able to document a minimum of 100 educational hours, a minimum of 250 clinical hours, and a total of 400 hours spent in the CPE program, and demonstrate the Outcomes and Indicators for their level of CPE (IA, IB, IIA, or IIB) in order to receive credit for the unit. Any hours over the required 400 are considered volunteer hours.

No planned absences will be permitted during orientation (September 10, 17, 24), Midunit evaluations (To be announced closer to the beginning of the unit), or final evaluations and the graduation siyyum (April 22 and 29).

Faculty: Rabbi Beth Naditch, ACPE Certified Educator and Board Certified Chaplain, will lead this unit. Several guest speakers, from within the HSL community and outside, will bring their expertise to the didactic part of the curriculum.

Location: NewBridge Campus, 6000 Great Meadow Rd., Dedham, MA 02026. Students must have access to a computer with good internet connection and private space for class and supervision for any virtual days.

Cost: \$36 application fee. Tuition is \$1200. A \$600 non-refundable deposit upon accepting a position in the program is credited toward the total tuition payment.

Who may apply? This program is open to persons of any religious/spiritual tradition interested in CPE with a focus on spiritual care of older adults, through a Jewish lens. E-mail Rabbi Beth Naditch at bethnaditch@hsl.harvard.edu with any questions.

Application process: Admission is rolling, with preference given to candidates who apply by March 1, 2024. More information may be found on our website, <https://www.hebrewseniorlife.org/education-programs/spiritual-care-education>. Please click the “Learn more and Apply” tab. You can find the standard ACPE application form as a fillable pdf under the “Attachments” tab. Please also note the our Attendance Policy, Annual Notice, Admissions Policy, Financial Policy, and Use of Clinical Materials Consent Form, all found in the “Attachments” tab on our website.

By email: Please fill out the above application and email to cpe@hsl.harvard.edu. (If you are printing it out to fill in, please scan and email back). We do not accept applications by snail mail. Link for electronic payment for the \$36 application fee can be found on the website.

Interviews for candidates are scheduled once the full application is reviewed and your application fee is received. Should you be invited to interview, the interview will be with the ACPE Certified Educators, Rabbi Beth Naditch and Rev. Mary Martha Thiel, and the Certified Educator Candidate, Rev. Katie Rimer.

We will send our own reference form by email to the references you provide. Please let your references know that there is no need to send anything ahead of time. We move forward with admission decisions only after at least two of your three references have been received. You will be informed of the admissions decision within one month of the interview. The decision is at the sole discretion of HSL.

Transportation: The easiest way to travel to HRC NewBridge is by car, however, HRC NewBridge is accessible by an HSL employee shuttle which connects to the Forest Hills T stop on the Orange Line. Please note: The shuttle timing is keyed to the nursing shift change schedule. Parking in the staff lot at NewBridge is free.

Food and Housing: We do not offer meals or housing in our program. All students are welcome to explore dormitory options at local theological schools. NewBridge has a kosher deli and a non-kosher salad bar where students can purchase food Monday through Friday. \$5 employee meals (not kosher) are available as well.

For more information contact:

Rabbi Beth Naditch, BethNaditch@hsl.harvard.edu Tel (781) 234-9889

Website: <https://www.hebrewseniorlife.org/education-programs/spiritual-care-education>.